MaineGeneral Sports Medicine & Colby College Sports Medicine

Collaborative Education Series

MaineGeneral YouTube

'On-Demand' Presentation

Audience: AT's, PT's, OT's, other medical professionals and students.

Date: On-Demand

Time: On-Demand

Tuition:
$30

For Registration:

CLICK HERE

We will send you the YouTube link to the email you registered with once your registration has been processed

Completion of the Course Evaluation form is required before CEU certificates will be awarded! Evaluation link is located in the YouTube video description.

Please contact **Steve Tosi** with any questions.

Steve.tosi@mainegeneral.org

Marketing and registration also located on BOC website

Search for P2258

On-Demand: Overview on the Cardiac System in Athletics

CAT A Presentation

Program Date: August 4, 2025
Release as On-Demand Date: August 7, 2025
Expiration Date: August 7, 2028

Presenters:

ON-DEMAND	**Chris Amdahl, MD**	Maine-Dartmouth Family Residency
	Thomas Hoke, MD	MaineGeneral Sports Medicine
	Elizabeth Rothe, MD	MaineGeneral Sports Medicine
	Travis Kinane, DO	Maine-Dartmouth Family Residency

Topics: HCM, ARVC, commotio cordis, SCD, A-fib, anomalous coronary artery, long QT, cardiac exam.

- This educational program will enhance the knowledge and clinical preparedness of athletic trainers in recognizing, managing, and preventing life-threatening cardiac conditions in athletes. Despite increasing awareness of sudden cardiac arrest (SCA) and related syndromes in the athletic population, significant gaps may remain in standardized screening practices and emergency preparedness.

- This course will provide evidence-based instruction on the most common hereditary and acquired cardiac conditions associated with sudden death in athletes, such as hypertrophic cardiomyopathy (HCM), atrial fibrillation (A-fib), long QT syndrome, and commotio cordis. Attendees will learn to interpret warning signs, assess risk factors, and apply current best practices in pre-participation cardiac screening.

Objectives:

- Recall the components of a sports specific cardiac screening.
- Explore the proposed mechanisms of commotio cordis and A-fib in athletes.
- Identify the protective and detrimental effects of exercise on A-fib risk.
- Explain the anatomy and typical presentation of anomalous coronary arteries.
- Explain the current guidelines and controversies around return to play in Long QT.

To view all our BOC On-Demand Programs:
SCAN

For AT's, PT's, OT's EMT's, MA's

According to the education levels described by the PDC, the following continuing education course is considered to be **Advanced**.

Credits awarded:

CEU's awarded: 2 CAT A CEUs
*MaineGeneral Medical Center (*BOC AP#: P2258) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of (2) CAT A CEUs. ATs should claim only those hours actually spent in the educational program.

Cancellation and Refund policy:

It is our priority at MaineGeneral Medical Center to provide quality Continuing Education. For certain events, a fee will be collected during pre-registration. This fee will be refunded in the event that the course is cancelled or is unable to take place. As part of our policy, we recognize that unforeseen circumstances can occur. Therefore, a refund will be granted to individuals who pre-register but are unable to attend the course.

MaineGeneral Medical Center

boc APPROVED CE PROVIDER FOR THE ATHLETIC TRAINER

Colby