

Alfond Center for Health, Thayer Center for Health & HACCC Staff & Visitor Dining Services

Lunch & Dinner

Sunday, May 1, 2022	Monday, May 2, 2022	Tuesday, May 3, 2022	Wednesday, May 4, 2022	Thursday, May 5, 2022	Friday, May 6, 2022	Saturday, May 7, 2022
Soup: Kielbasa Entrée Salad: Chicken Caesar Entrée: Corned Beef - GF Vegetarian: Curried Tofu over Brown Rice - GF Starch: Brown Rice Starch: Boiled Red Potato Veg: Carrots Veg: Cabbage	Soup: Chicken & Gnocchi Entrée Salad: Blackened Chicken Salad - GF Grill Sand: Mushroom Swiss Turkey Burger on Challah Roll Entrée: Turkey Meat Sauce & Spaghetti Vegetarian: Vegan Seitan Stir Fry over Basmati Rice Starch: Basmati Rice Veg: Brussel Sprouts Veg: Steamed Corn	Soup: Irish Potato & Corned Beef Entrée Salad: Tuna Salad Plate Grill Sand: Reuben Entrée: Turkey Shepard's Pie Vegetarian: Veg Tofu Lasagna Starch: Portobello Orzo Veg: California Blend Veg: Zucchini / Summer Squash	Soup: Chicken Gumbo - GF Entrée Salad: Cranberry Chicken with Pecans - GF Grill Sand: Turkey Club Melt Entrée: Honey Chicken Qtr - GF Vegetarian: Vegan Thai Veg Curry with Rice Noodle Starch: Quinoa Pilaf Starch: Baked Potato Veg: Steamed Broccoli Veg: Sautéed Greens	Soup: Minestrone Entrée Salad: Asian Chicken Noodle Grill Sand: Sriracha Turkey Sandwich Entrée: Maple Soy Salmon - GF Veg: Asparagus & Wild Rice Frittata-GF Starch: Greek Chickpea & Spinach Starch: Garlic Red Mashed Potato Veg: Fresh Carrots Veg: Asian Blend Veg	Soup: Cauliflower Cheddar Chowder Entrée Salad: Turkey BLT Salad - GF Grill Sand: Chicken Parm Sub Entrée: Thai Pork Loin Vegetarian: Spicy Vegetable Quesadilla Starch: Thai Rice Pilaf Starch: Roasted Red Potato Veg: Green Beans Veg: Spinach & Corn Casserole	Soup: Vegetable Lentil - GF Entrée Salad: Chef Salad Entrée: Chicken Enchilada Casserole Vegetarian: Crustless Spinach & Monterey Jack Quiche Starch: Spanish Rice Starch: Sweet Potato Veg: Green Cabbage Veg: Vegetable Blend
Sunday, May 8, 2022	Monday, May 9, 2022	Tuesday, May 10, 2022	Wednesday, May 11, 2022	Thursday, May 12, 2022	Friday, May 13, 2022	Saturday, May 14, 2022
Soup: Chunky Tomato Basil - GF Entrée Salad: Chicken Caesar Entrée: Hot Turkey Sandwich on Cranberry Bread Vegetarian: Macaroni & Cheese Starch: Mashed Potato & Gravy Starch: Steamed Broccoli Veg: Green Beans Veg: Zucchini & Summer Squash	Soup: Butternut Squash - GF Entrée Salad: Turkey Club Salad w/ Avocado Dressing - GF Grill Sand: Turkey Burger Deluxe Entrée: Beef Pot Roast - GF Vegetarian: Zucchini Lasagna Starch: Mashed Potato / Gravy Starch: Cauliflower Gratin Veg: Brussel Sprouts Veg: Butternut Squash	Soup: Beef Barley Entrée Salad: Buffalo Chicken - GF Grill Sand: Cabo Beach Burger with Avocado Entrée: General Tso's Chicken Vegetarian: Broccoli & Ched Quiche Starch: Basmati Rice Starch: Roasted Sweet Potato Veg: Bermuda Blend Veg Veg: Spinach Parmesan	Soup: Corn Chowder Entrée Salad: Almond Chicken Salad- GF Grill Sand: BBQ Turkey Melt Entrée: Turkey & Black Bean Empan. Vegetarian: Artichoke & Spin Strata Starch: Roasted Red Potato Starch: Mushroom Barley Pilaf Veg: Broccoli Veg: Beets	Soup: Zuppa Toscana - GF Entrée Salad: Chef Salad Grill Sand: Turkey Reuben Entrée: Lemon Chicken Vegetarian: Vegetable Enchilada Starch: Baked Potato Starch: Spanish Rice Veg: Mashed Turnip Veg: Zucchini & Feta Bake-GF	Soup: Chipotle Chicken - GF Entrée Salad: Vegetarian Mediterranean Grain Bowl Grill Sand: BBQ Pulled Chix Entrée: Asian Ginger Pork-GF Vegetarian: Vegan Mongolian Seitan over Brown Rice Starch: Mashed Potato Starch: Brown Rice Veg: Green Beans Veg: Nutty Broccoli	Soup: Chicken & Lentil - GF Entrée Salad: Chef Salad Entrée: Lemon Pepper Salmon - GF Vegetarian: Pasta Primavera Starch: Baked Potato Wedges Starch: Brown Rice Veg: Vegetable Blend Veg: Fresh Carrot
Sunday, May 15, 2022	Monday, May 16, 2022	Tuesday, May 17, 2022	Wednesday, May 18, 2022	Thursday, May 19, 2022	Friday, May 20, 2022	Saturday, May 21, 2022
Soup: Cream or Broccoli Entrée Salad: Orange Chicken Salad-GF Entrée: Beef Shepards pie - GF Vegetarian: Black Bean Burrito Starch: Spanish Rice Veg: Peas w/Pearl Onions Veg: Spinach	Soup: Split Pea & Ham - GF Entrée Salad: Cajun Chicken -GF Grill: Gyro on Flatbread Entrée: Chicken Parmesan Vegetarian: MorningStar Farms Shepard's Pie Starch: Wh Wheat Pasta with Marinara Veg: Vegetable Blend Veg: Broccoli	Soup: Cabbage & Beef - GF Entrée Salad: Greek Chicken - GF Grill Sand: Turkey Meatball Sub Entrée: Savory Haddock Vegetarian: Spin & Artichoke Crepes Starch: Wild Rice Pilaf Veg: Creamy Mashed Cauliflower Veg: Fresh Zucchini	Soup: Chicken & Vegetable - GF Entrée Salad: Chef Salad Taco Bar Grill Sand: Steak and Cheese Entrée: Mustard Pork Tenderloin-GF Vegetarian: Vegetable Curry-GF Starch: Mashed Potato w/Gravy Starch: Brown Rice Veg: Glazed Carrots	Soup: Fish Chowder Entrée Salad: Chicken Caesar Salad Grill Sand: Chicken Pesto Panini Entrée: London Broil w/Red Wine Sauce Vegetarian: Broccoli Frittata- GF Starch: Brown Rice Starch: Roasted Red Potatos Veg: Butternut Squash Veg: Swiss Chard	Soup: Creamy Chicken Tortellini Entrée Salad: Summer Kale & Grilled Chicken - GF Grill Sand: Buffalo Chicken Sandwich Entrée: Apricot Ginger Glazed Salmon-GF Vegetarian: Veg Korma w/ Cashews-GF Starch: Basmati Rice Starch: Horseradish & Garlic Mashed Potato Veg: Beets Veg: Vegetable Blend	Soup: Chicken Noodle Entrée Salad: Turkey Cobb - GF Entrée: Rosemary Chicken with Orange Maple Glaze Vegetarian: Spinach Lasagna Starch: Garlic Mashed Red Potato Starch: Baked Potato Wedges Veg: Green Beans Veg: Corn
Sunday, May 22, 2022	Monday, May 23, 2022	Tuesday, May 24, 2022	Wednesday, May 25, 2022	Thursday, May 26, 2022	Friday, May 27, 2022	Saturday, May 28, 2022
Soup: Chunky Tomato Basil -Gf Entrée Salad: Fruit & Cottage Cheese Plate Entrée: Beef & Sausage Cottage Pie Vegetarian: Butternut Squash Starch: Mashed Potato w/Gravy Veg: Mashed Turnip & Carrot Veg: Stewed Cabbage	Soup: Chicken & Wild Rice - GF Entrée Salad: Chef Salad Grill Sand: Hawaiian Chicken Sand Entrée: Chicken Qtrs w/wine & Shallot Vegetarian: Garden Vegetable Crustless Quiche - GF Starch: Mashed Potato / Gravy Starch: Butternut Squash Bake Veg: Fresh Carrots Veg: Green Beans	Soup: Italian Beef & Pasta Entrée Salad: Chicken Fajita Grill Sand: Chicken Parmesan Panini Entrée: Greek Chicken Vegetarian: Spinach & Tomato Tortellini Starch: Greek Roasted Potato Starch: Roasted Vegetable Orzo Veg: Fresh Carrots & Beans Veg: Brussel Sprouts	Soup: Broccoli & Cheese Entrée Salad: Asian Chicken Grill Sand: Turkey Pastrami Entrée: Beef & Asparagus Stir Fry Vegetarian: Cr Spinach Enchiladas Starch: Spanish Rice Starch: Steamed Brown Rice Veg: Fresh Zucc/ Summer Blend Veg: Carrot Casserole	Soup: Lentil & Kale - GF Entrée Salad: BLT Turkey - GF Grill Sand: Cuban Entrée: Cabbage Rolls Vegetarian: Asparagus / Mush Quiche Starch: Mash Potato w/ Gravy Starch: Quinoa & Edamame Blend Veg: Green Bean w/ Bacon Veg: Broccoli	Soup: Clam Chowder Entrée Salad: BBQ Ranch Chicken Salad Grill Sand: Turkey Ranch Panini Entrée: Meatloaf / Gravy Vegetarian: Gluten Free Sweet & Sour Vegan Pineapple Tofu over Brown Rice Starch: Mashed Potato w/ Gravy Starch: Brown Rice Veg: Peas & Pearl Onions Veg: Spinach	Soup: Chicken Barley Entrée Salad: Blueberry , Chicken & Spinach Salad Entrée: Roast Turkey - GF Vegetarian: Vegetable Baked Ziti Starch: Fresh Bread Stuffing Starch: Mashed Potato / Gravy Veg: Butternut Squash Veg: Mixed Vegetable Blend