

MaineGeneral eCare

Sign Up Instructions

You and your family members can now access health care visits by your computer or cell phone! Before you need care, sign up at ecare.mainegeneral.org. It's fast, easy, and you'll be able to use MaineGeneral eCare quickly when you need it.

MaineGeneral eCare

Contact Us | Sign In

Home | FAQs | Get Started

Virtual Care, Anywhere.

Monday - Friday, 8 a.m. - 7:30 p.m.
Saturday - Sunday, 8 a.m. - 5 p.m.

[GET STARTED](#)

MaineGeneral eCare provides care from where it's most convenient for you - home, office, or on the go. You can have a virtual consult to diagnose non-emergency medical issues through secure video and audio.

[GET STARTED](#)

On the home page, click on the Get Started button.

You're immediately taken to the Register for MaineGeneral eCare page.

1 Enter your first name

2 Enter your last name

3 Your email you want to use for the service

4 Create a username

5 Create a password (at least 8 characters in length)

6 Click on the **Next** button

1. Enter your first name
2. Enter your last name
3. Your email you want to use for the service
4. Create a username
5. Create a password (at least 8 characters in length)
6. Click on the **Next** button

Register for MaineGeneral eCare

A faster way to wellness.

Convenient, real visits with Board Certified Medical
staff

Your information

1 Date of Birth
mm/dd/yyyy

2 Phone Number

3 Zip Code

4 Gender

I agree to the [Terms of Service and Privacy Policy](#).

5

< BACK

NEXT

6

1. Enter your date of birth
2. Enter your phone number
3. Enter your home zip code
4. Enter your gender
5. Make sure you read and agree to the Terms of Service and Privacy Policy
6. Click on the **Next** button

MaineGeneral eCare as a benefit



Your information

1

Benefit Provider Search

MaineGeneral eCare - DTC

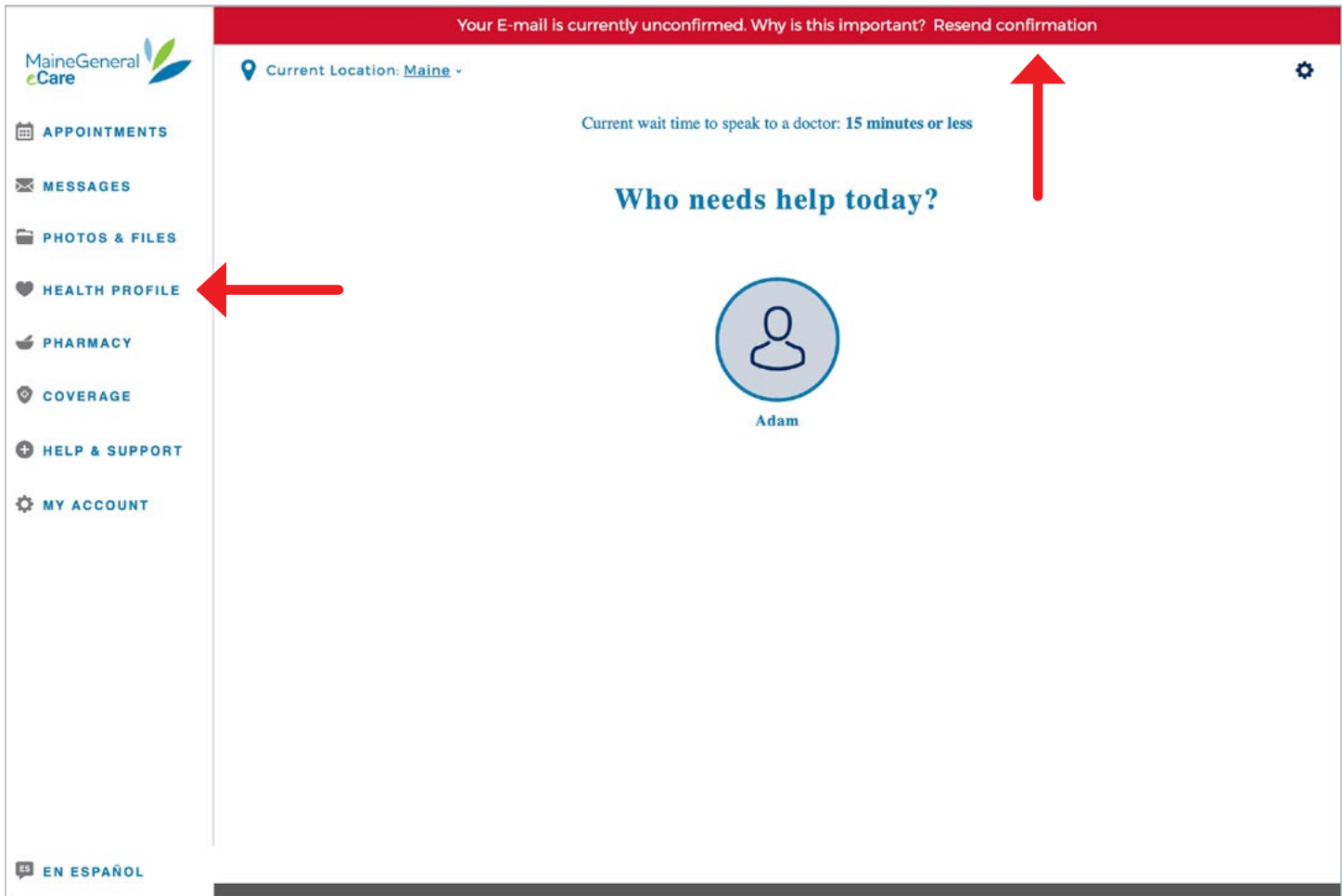


2

< BACK

SIGNUP

Click Signup.



An email is sent to the email address you gave in registration. You need to click on the box in the email that says: “Verify E-Mail” to finish the registration process.

You can now go into your Health Profile on the left-hand column and answer some simple background and health status questions, find and set your preferred pharmacy with a simple search and find and set your PCP. To pick a pharmacy, you may need to scroll down through a long list to find your preferred pharmacy.

When you need a virtual visit, sign in and click on the name of “Who needs help today?”

Remember, MaineGeneral eCare is available during MaineGeneral Express Care office hours:

- Monday – Friday, 8 a.m. – 7:30 p.m.
- Saturday – Sunday, 8 a.m. – 5 p.m.

If you have problems accessing your account, call toll-free [888-921-0349](tel:888-921-0349).