MaineGeneral Sports Medicine & Colby College Sports Medicine

Collaborative Education Series

On-Demand: Heat Illness and Hypothermia

CAT A Presentation

MaineGeneral YouTube

'On-Demand' Presentation

Audience: AT's, PT's, OT's, other medical professionals and students.

Date: On-Demand

Time: On-Demand

Tuition:
$15.00

For Registration:

CLICK HERE

We will send you the YouTube link to the email you registered with once your registration has been processed

Completion of the Course Evaluation form is required before CEU certificates will be awarded! Evaluation link is located in the YouTube video description.

Please contact **Steve Tosi** with any questions.

Steve.tosi@mainegeneral.org

Marketing and registration also located on BOC website

Search for P2258

Program Date: November 22, 2024
Release as On-Demand Date: February 10, 2025
Expiration Date: February 10, 2028

Presenters:

ON-DEMAND- **Elizabeth Rothe, MD**	MaineGeneral Sports Medicine
ON-DEMAND- **Travis Kinane, DO**	Maine-Dartmouth Family Residency

- Environmental conditions can be an extremely dangerous situation in the world of sports medicine. In athletics, our athletes are often times exposed to harsh elements and they may not be equipped or acclimated to handle the stresses that these environmental conditions can put on their bodies. As Athletic Trainers, it is easy to overlook these dangerous conditions as our focus often times is centered on orthopedic injuries. In addition, these environmental conditions are often times seasonal, making re-occurring training and education necessary.

- By participating in this course, viewers will learn how to detect and prevent various types of heat and cold conditions/injuries as well as proper and necessary treatment for these conditions. After this program, participants will also be able to determine when these conditions progress from conservative treatment to an emergency situation. Athletic Trainers specifically will also gain knowledge in how to equip themselves to cover events in harsh environmental situations.

Objectives:

- Identify the different conditions of heat illnesses.
- Perform necessary emergency treatment of different heat illnesses.
- Identify when cold conditions become a medical emergency.
- Apply various and appropriate treatment of cold conditions.

To view all our BOC On-Demand Programs:
SCAN

For AT's, PT's, OT's EMT's, MA's

According to the education levels described by the PDC, the following continuing education course is considered to be **Advanced**.

Credits awarded:

CEU's awarded: 1 CAT A CEUs
*MaineGeneral Medical Center (*BOC AP#: P2258) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of (1) CAT A CEUs. ATs should claim only those hours actually spent in the educational program.

Cancellation and Refund policy:

It is our priority at MaineGeneral Medical Center to provide quality Continuing Education. For certain events, a fee will be collected during pre-registration. This fee will be refunded in the event that the course is cancelled or is unable to take place. As part of our policy, we recognize that unforeseen circumstances can occur. Therefore, a refund will be granted to individuals who pre-register but are unable to attend the course.