





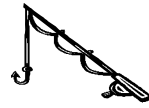











# Gray Birch July 2010 North & South Units Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>July Facts:</b> Birthstone: Ruby (Contentment) Flowers: Larkspur (Water Lily) Colors: Green & Russet	<b>July Events:</b> 1st- Canada Day 4th- Independence Day 25th- Full Moon	<b>July Birthdays:</b> 12th- Patricia C 12th- Margaret S 15th- Steven C 21st- Barbara S 26th- Stephen K 29th- Dorothy B 30th- Leanne F 30th- Carol N. 	<b>Canada Day 1</b> 9:30 Shape Up (DR) 10:00 Canada Day Celebration (DR) 11:00 Current Events (N) 2:00 Music by Lefty (Act) 3:00 Visits on South 6:30 4th of July Craft (DR)	<b>2</b> 9:30 Shape Up (DR) 10:00 Coffee, ABC Game and Current Events (DR) 10:30 Visits on North (N) 2:00 4th of July Celebration (DR) 3:00 Book Cart (S) 	<b>3</b> 2:00 Bingo Bucks (DR) 3:30 Current Events (N) 6:30 Night Time Massages (IR) 
<b>Independence Day 4</b> 2:00 Red, White, and Blue Party & Trivia (DR) 3:30 Current Events (N) 6:30 Yahtzee (DR) 	<b>5</b> 9:30 Shape Up (DR) 10:00 Floor Dice (DR) 11:00 Current Events (O) 2:00 Craft Class (DR) 2:00 Poker (Act) 3:00 Book Cart (S) 3:15 Episcopal Church Service (Act)	<b>6</b> 9:30 Shape Up (DR) 10:00 Ladies Tea (DR) 11:00 Current Events (DR) 12:00 Invite BBQ (SH) 2:00 Rosary (Act) 2:30 Fountain Science Experiment (DR) 3:00 Visits On South 	<b>7</b> 9:30 Shape Up (DR) 10:00 Bingo Bucks (DR) 10:15 Bible Study (RC) 11:00 Resident Council (DR) 2:00 Ice Cream Social (DR) 3:00 Book Cart (S)	<b>8</b> 9:30 Shape Up (DR) 10:00 Coffee & Current Events (DR) 10:15 Greyhounds Lucy & Lorraine Visit (RC) 10:30 Picnic Lunch (O) 2:30 Ntl. Sugar Cookie Day Baking Sugar Cookies (DR) 3:00 Visits on South 5:00 Dinner & a Movie (SH) 	<b>9</b> 9:30 Shape Up (DR) 10:00 Trip To Boothbay Harbor "Sign Up" (O) 2:00 Feature Movie (N) 3:00 Book Cart (S)	<b>10</b> 2:00 Bingo Bucks (DR) 3:30 Current Events (N) 6:30 Night Time Massages (IR)
<b>11</b> Morning Communion 2:00 Church of Christ Service (Act) 3:30 Current Events (N) 6:30 Craft w/ Grace (DR)	<b>12</b> 9:30 Shape Up (DR) 10:00 Balloon Volley (DR) 10:15 Ann from Lithgow Library Visits (RC) 11:00 Current Events (DR) 2:00 Pecan Pie Social (DR) 2:00 Poker (Act) 3:00 Book Cart (S) 	<b>13</b> 9:30 Shape Up (DR) 10:00 Yahtzee (DR) 11:00 Current Events (DR) 2:00 Rosary (Act) 3:00 Visits On South	<b>14</b> 9:30 Shape Up (DR) 10:00 Bingo Bucks (DR) 10:15 Bible Study (RC) 11:00 Current Events (DR) 2:00 Travel to Germany Presentation (DR) 3:00 Book Cart (S)	<b>15</b> 9:30 Shape Up (DR) 10:00 Floor Dice (DR) 11:00 Current Events (DR) 1:30 Trip out for an Ice Cream (O) 3:00 Visits on South 6:30 Music by G&S Karaoke (Act) 	<b>16</b> 9:30 Shape Up (DR) 10:00 Coffee, Trivia Plus & Current Events (DR) 11:00 Visits on North 2:00 Root Beer Floats (DR) 3:00 Book Cart (S)	<b>17</b> 2:00 Bingo Bucks with Katrina (DR) 3:30 Yahtzee (DR) 6:30 Massages (IR) 
<b>18</b> Morning Communion 2:00 Penny Memorial Baptist Church Service (Act) 3:30 Current Events (N) 6:30 Massages (IR)	<b>19</b> 9:30 Shape Up (DR) 10:00 Floor Dice (DR) 11:00 Current Events (N) 2:00 Feature Movie & Snacks (DR) 2:00 Poker (Act) 3:00 Book Cart (S)	<b>20</b> 9:30 Shape Up (DR) 10:00 Communion Service (Act) 11:00 Current Events (N) 1:00 Visits on South 2:00 Rosary (Act) 2:45 Old Time Sing-a-Long (Act)	<b>21</b> 9:30 Shape Up (DR) 10:00 Bingo Bucks (DR) 10:15 Bible Study (RC) 11:00 Current Events (N) 1:30 Trip to Ice Cream Shoppe (O) 3:30 Book Cart (S) 	<b>22</b> 9:30 Shape Up (DR) 10:00 Yahtzee (DR) 10:15 Greyhounds Lucy & Lorraine Visit (RC) 11:00 Current Events (N) 2:00 Brownie Sundaes (DR) 6:30 Craft (DR)	<b>23</b> 9:30 Shape Up (DR) 10:00 Coffee, Trivia & Current Events (DR) 11:00 Massages (IR) 2:00 Music by Bill Lake (DR) 3:00 Book Cart (S)	<b>24</b> 2:00 Bingo Bucks (DR) 3:30 Current Events (N) 6:30 Night Time Massages (IR)
<b>Full Moon 25</b> Morning Communion 2:00 Christian Science Service (Act) 3:30 Current Events (N) 6:30 Song Burst (DR) 	<b>26</b> 9:30 Shape Up (DR) 10:00 Bowling (DR) 11:00 Current Events (DR) 2:00 Monthly Birthday Party & Music by Mike (DR) 3:00 Book Cart (S)	<b>27</b> 9:30 Shape Up (DR) 10:00 Ladies Tea (DR) 10:30 Current Events (DR) 12:00 Invite BBQ (SH) 2:00 Rosary (Act) 2:30 Ice Cream Cones (DR) 3:00 Visits on South	<b>28</b> 9:30 Shape Up (DR) 10:00 Bingo Bucks (DR) 10:15 Bible Study (RC) 10:00 Trip to Boothbay Harbor w/ Res. Care (O) 11:00 Current Events (N) 2:00 Craft Class (DR) 3:00 Book Cart (S)	<b>29</b> 9:30 Celebration of Life (Act) 11:30 Trip to the Landing in China for Lunch (O) 1:00 Poker (Act) 2:30 Watermelon Social (DR) 3:00 Visits on South 6:30 Floor Dice (DR) 	<b>30</b> 9:30 Shape Up (DR) 10:00 Coffee, ABC, and Current Events (DR) 10:00 Visits on North 2:00 Music by David Fisher (Act) 3:00 Book Cart (S)	<b>31</b> 2:00 Bingo Bucks (DR) 3:30 Current Events (N) 6:30 Yahtzee (DR) 

\*Activities Subject To Change

N=North Act=Upper Dining Rm IR=In Room O=Out of Building L=Lobby DR=Lower Dining Rm RC=Res Care S=Skilled

\*Activity Calendar